



TITIKSHA
PUBLIC SCHOOL

ISSUE NO. 6

DRISHTIKONE

OCTOBER 2024-25

TWIRL IN TRADITION, GROOVE IN GLORY!



FROM THE DESK OF THE HEAD OF SCHOOL



EMPOWER YOURSELF AND
REALIZE THE IMPORTANCE OF
CONTRIBUTING TO THE WORLD
BY LIVING YOUR TALENT.
~GERMANY KENT



Dear All

Empowering oneself is crucial for self development.

One can empower oneself by ensuring right choice of food intake, right amount of exercise, correct sleep cycle and with consistent connection with the Divine energy. Divine energy can be approached by any way. however, connecting with the Divine energy every day for atleast an hour is mandatory to enable an individual to experience the real objective of life.

Whatever we eat, whatever we see while eating, has a considerable impact upon our mind. Mind is a locker of unlimited potential, from all inventions to innovations human mind is the key reason. But to unlock the true potential of human mind, one should take care of oneself.

Best Wishes

Ms. Radhika Pahwa

HOS



ALLURING FAME OF DISTRICT

Congratulations



*Titiksha Public School shines with pride, securing 1st place
in the Patriotic Song (Girls) District Level competition!
A proud achievement for all!.*



ALLURING FAME OF DISTRICT

SFA Championships

Venue : Jawaharlal Nehru Stadium (Volleyball Court)

S. No.	Name of the players	Grades
1	Shubham Mann	12 F
2	Yashank Gupta	12 D
3	Vaibhav Verma	12 A
4	Om Jain	12 D
5	Akshat Dahiya	11 C
6	Raja Babu	10 E
7	Ayan Kumar Singh	11 E
8	Saksham Phalswal	11 E





वर्तमान समय में योग और ध्यान एक स्वस्थ जीवनशैली की कुंजी

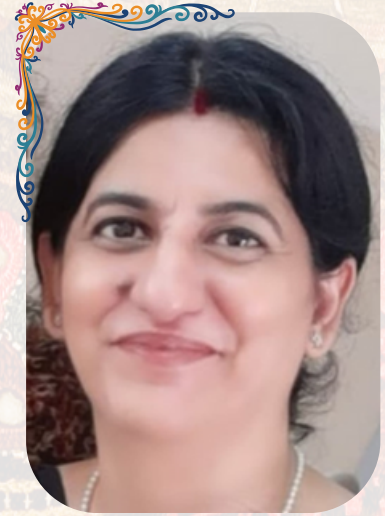
स्वास्थ्य और फिटनेस का हमारे जीवन में बहुत महत्वपूर्ण स्थान है। नियमित व्यायाम और संतुलित आहार से न केवल शरीर मजबूत और स्वस्थ रहता है, बल्कि मानसिक स्वास्थ्य भी बेहतर होता है।

फिटनेस के लिए रोज़ाना व्यायाम करना आवश्यक है। यह व्यायाम चाहे योग हो, दौड़ना हो, तैराकी हो या जिम में वर्कआउट करना, हर प्रकार की गतिविधि शरीर के लिए फायदेमंद होती है। इससे न केवल मांसपेशियों की ताकत बढ़ती है, बल्कि हृदय भी स्वस्थ रहता है और वजन नियंत्रित रहता है।



स्वास्थ्य को बेहतर बनाए रखने के लिए खान-पान का विशेष ध्यान रखना चाहिए। पौष्टिक आहार जैसे फल, सब्जियाँ, साबुत अनाज और प्रोटीन से भरपूर भोजन शरीर को आवश्यक ऊर्जा और पोषक तत्व प्रदान करता है। इसके साथ ही पर्याप्त मात्रा में पानी पीना भी बहुत जरूरी है।

ध्यान और मेडिटेशन जैसे अभ्यास मानसिक शांति और तनाव को कम करने में सहायक होते हैं। एक संतुलित जीवनशैली अपनाकर हम स्वस्थ और खुशहाल जीवन जी सकते हैं।

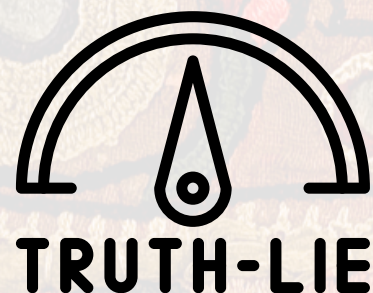


सोनिया खोसला
हिंदी अध्यापिका

TRUTH IS VICTORIOUS

In the shadowed veil of lies,
Where darkness spreads and falsehood flies,
The truth, though silent, still remains,
Untouched by doubt, immune to chains.
It weathers storms of fear and doubt,
While whispered lies may twist and shout.
But in the end, when all is clear,
The voice of truth is all we hear.
For truth does not with time decay,
Nor fades like clouds at break of day.
It stands, unyielding, pure, and bright,
A beacon shining in the night.
Though lies may prosper for a while,
They crumble in truth's steady trial.
For in the heart where truth resides,
No force of falsehood ever hides.
So let the world deceive and sway,
Let liars mock and wolves betray,
But truth, like light, will pierce the night—
Victorious, unwavering, absolutely right.

By: Ms. Poonam Joshi
TGT English





युवा

फिर से उड़ चला है वो,
नए लक्ष्य नए ख्वाब लिए।
निकल गया है नई राह पर,
मन में मंजिल नायाब लिए।



युवा वर्तमान का साक्षी है,
युवा ही हमारा भविष्य बनेगा।
युवा जनता है देश का हित,
देश को सर्वोच्च बनाकर ही थमेगा।

मेहनत उसकी रग-रग में है,
मुश्किलों से वो कभी डरा नहीं।
सिर्फ एक मंजिल पा कर,
उसका मन अभी भरा नहीं।

आशिका राज यादव
XI-A



एहि एहि वीर रे



एहि एहि वीर रे
वीरताम् विधेहि रे।
पदम् हृदम् विधेहि रे
भारतस्य रक्षणाय
जीवनम् प्रदेहि रे।।

त्वं हि मार्गदर्शकः
त्वं हि देशरक्षकः।
त्वं हि शत्रुनाशकः
कालनाग तक्षकः।।

साहसी सदा भवेः
वीरताम् सदा भजेः।
भारतीय-संस्कृति
मानसे सदा धरेः।।

पदम् पदम् मिल्चलेत् ।
सोत्साहम् मनो भवेत्
भारतस्य गौरवाय
सर्वदा जयो भवेत्।।

भुवि
पंचमी डी





द्रौपदी की पुकार

न चाहिए तुम्हारी खोखली जीत,
न सिंहासन, न कोई वैभव की रीत
बस सुनो मेरी गाथा सुनो,
अब ना दुर्योधन जैसे जानवरों को पलने दो

अग्नि के मुख से जन्मी थी मैं,
बचपन मेरी खुशियों से लिपटा था
फिर ना जाने किस्मत ने कौनसा खेल रचा,
कि वो हँसती मुस्कान बलिदान के आँसुओं से लिपट गया
सुनो मेरी गाथा सुनो,
अब ना दुर्योधन जैसे जानवरों को पलने दो

विवाह के बंधन में बंधने का सिर्फ अर्जुन को मैंने अधिकार दिया,
परंतु कुंती के वचन के कारण पाँचों को मैंने स्वीकार लिया
अरे! स्वीकार लिया वो भी जब जग ने मुझे धिक्कारा था
दूर-दूर तक लोगों ने जब एक पांचाली कहकर पुकारा था
सुनो मेरी गाथा सुनो,
अब ना दुर्योधन जैसे जानवरों को पलने दो

लिपट गई उस दुख में जहाँ ताकत और धोखे का ताना बाना मिलता है
जहाँ के कड़वे हक के लिए सम्मान का सौदा होता है
एक चौसर के खेल के लिए जहाँ तक बिक जाती है,
राजनीति के नाम पर महाज्ञानियों के नेत्रों पर तक पट्टी बंध जाती है
सुनो मेरी गाथा सुनो,
अब ना दुर्योधन जैसे जानवरों को पलने दो

घसीटा था मुझे मेरे केशों,
क्रोध से मैं लहू-लुहान हुई
मेरे गिरिधर ने मेरे बिखरे सम्मान को जरूर समेट दिया
परन्तु उन जानवरों की क्रूर हँसी ने मेरी आत्मा को चीर कर दिया
अरे! नारी का ये शोषण तो कलयुग तक चलता जाएगा
तब तो कृष्ण आ गए कलयुग में कौन आएगा?
सुनो मेरी गाथा सुनो,
अब ना दुर्योधन जैसे जानवरों को पलने दो

परन्तु जान न पाया वो जिसने नारी पर आँख उठा ली है,
कि वही नारी एक दुर्गा है और वही नारी एक काली है
वो प्रेम भी कर सकती है, वो प्राण भी हर सकती है
दे सकती है जो जन्म तुम्हें, संहार भी वो कर सकती है
विधि का विधान है ये कि हर दुर्योधन का अंत निश्चित है
सुनो मेरी गाथा सुनो,
अब ना दुर्योधन जैसे जानवरों को पलने दो



कृषा जेना
दसवीं डी



RAMAYANA

A TIMELESS TALE OF VALOUR AND VICTORY!

From Ayodhya to Lanka: Witnessing the ultimate battle of Good vs Evil, Grade IV students mesmerised the audience with their terrific performance where they unfolded the epic story of Divine Duty and Destiny. Also, they also showcased the eternal saga of loyalty, love, courage and devotion.



DANDIYA BEATS



Dandiya is a way of keeping alive the rich traditions and cultural heritage of our country. It provides a sense of identity and pride for the community and is passed down from generation to generation. The dance brings together people from all walks of life to celebrate together. It creates a sense of unity and camaraderie, allowing people to connect and socialise, reinforcing the values of togetherness and mutual respect.

The students of classes X, XI and XII zealously participated in the cultural event and had an amazing recreational experience.



GANDHI JAYANTI

“ Commemorating the Life of the Apostle of Peace ”

Gandhi Jayanti was celebrated with great enthusiasm and reverence to honour the birth anniversary of Mahatma Gandhi, the Father of the Nation. The event was organised in the school auditorium, beautifully decorated with posters and quotes of Gandhi Ji that highlighted his principles of truth, non-violence, and simplicity.



FESTIVAL OF LIGHTS FIESTA



TITIKSHA PUBLIC SCHOOL CELEBRATES DIWALI WITH SPIRITUAL FERVOUR

"Diwali is not just a festival, it's a symbol of victory of good over evil."

In keeping with this spirit, Titiksha Public School organised a devotional Sunderkand recitation along with Diwali Pujan on October 29. The event sought to invoke the blessings of Goddess Lakshmi, embodiment of prosperity and opulence.

The entire Titiksha family came together in prayer, filling the atmosphere with love, joy, and happiness. It was a truly wonderful day, marked by spiritual unity and collective gratitude.



TATA BUILDING INDIA ESSAY COMPETITION 2024-25

The event aimed to teach students the process of essay writing, including research, structuring, and drafting.

It encouraged creativity and expression through writing and fostered academic and intellectual engagement among students.

SENIOR CATEGORY:

FIRST- GARVIKA- 12-C

SECOND- VIDHI JAIN- 12-C

THIRD- LABHYA - 11- F

JUNIOR CATEGORY:

FIRST- EMBER PAPREJA-8- F

SECOND- RIDHIMA JARAUT-8-F

THIRD- IPSHITA KUMAR -7- F



TATA BUILDING INDIA
School Essay Competition
2024-25

Name of the Student: VIDHI JAIN
School Name: TITIKSHA PUBLIC SCHOOL
Standard: XII Section: C City Name: DELHI

Topic: Role of youth in building a Smart India: How can young people contribute to making India smarter, through innovation, entrepreneurship, community service, or participation in governance?

In this rapidly evolving world, the youth are a catalyst of change in a country. India, with its burgeoning population of youth, stands at the peak of a new and transformative era. The youth, brimming with energy, innovation and the drive to excel, can play a critical role in realizing the vision of smart India.

India is rapidly advancing towards a technology-driven era and at the forefront of this journey is the Smart India Initiative, launched in 2015 under

TATA BUILDING INDIA
School Essay Competition
2024-25

Name of the Student: LABHYA
School Name: TITIKSHA PUBLIC SCHOOL
Standard: XII Section: C City Name: DELHI

Topic: Role of youth in building a Smart India: How can young people contribute to making India smarter, through innovation, entrepreneurship, community service, or participation in governance?

ROLE OF YOUTH IN BUILDING A SMART INDIA

"Today's youth is tomorrow's future." The statement is apt as today's generation is a huge driving force and in the technical era, rightly developed youth is used of the hour. The youth is the ultimate resource which contributes major portion in the development of a country like India. Youth can be an asset or liability once a country realises that a country's development is definitely affected by the role of youth in it.

Youth of India are poised to be the catalyst of change and

TATA BUILDING INDIA
School Essay Competition
2024-25

Name of the Student: GARVIKA
School Name: TITIKSHA PUBLIC SCHOOL
Standard: XII Section: C City Name: DELHI

Topic: Role of youth in building a Smart India: How can young people contribute to making India smarter, through innovation, entrepreneurship, community service, or participation in governance?

As rightly said by Nelson Mandela, "The youth of today are the leaders of tomorrow". It is an undeniable fact that a nation's destiny lies in the hands of its youth. The young people of a nation lays the foundation for a well-built society.

India, our beloved nation consists of more than fifty-five percent of its population under the age of twenty-five, making it one of the youngest countries in the world. Our country's youth possess immense potential to surmount various socio-political crisis and lead on a path of positivity and triumph. Our unity in diversity plays an integral role to integrate

TATA BUILDING INDIA
School Essay Competition
2024-25

Name of the Student: RIDHIMA JARAUT
School Name: TITIKSHA PUBLIC SCHOOL
Standard: VIII Section: F City Name: DELHI

Topic: Role of youth in building a Smart India: How can young people contribute to making India smarter, through innovation, entrepreneurship, community service, or participation in governance?

In recent years, there has been a tremendous increase in technological advancements globally aimed at achieving a sustainable society that benefits all. Many countries are striving to establish themselves as digitally smart and innovative nations where these advancements drive economic growth and sustainability, improving the quality of life and providing better opportunities for their citizens. This, ideally, aligns with the Indian government's vision of a smart India, led by its youth. The idea is to create a digitally empowered and sustainable India with the help of advanced technology and innovations developed by young minds which can potentially transform various sectors, including education, infrastructure, healthcare, governance and industries. This transformation aims to foster a knowledge-driven, inclusive and resilient economy, positioning India as a global leader in technological innovation.

Building upon the vision of a digitally empowered and feasible India, the youth of our nation serve as the backbone of India, the youth of our next-generation global leaders serve as the backbone of the nation's economic growth and future, contributing to progress and development. Having one of the world's largest youth populations, our nation boasts

TATA BUILDING INDIA
School Essay Competition
2024-25

Name of the Student: IPSHITA KUMAR
School Name: TITIKSHA PUBLIC SCHOOL
Standard: VII Section: F City Name: NEW DELHI

Topic: Role of youth in building a Smart India: How can young people contribute to making India smarter, through innovation, entrepreneurship, community service, or participation in governance?

The Role of youth in building a Smart India through entrepreneurship

"A smart India requires smart citizens, and that's where education comes in." India, a nation with over 65% of its population below the age of 35, is poised to reap the demographic dividend of its youthful population. The country's progress and development are extensively linked to the future of its youth. Entrepreneurship, a vital driver of economic growth and innovation, holds the key to unlocking India's true and actual potential. This essay explores the imperative role of youth in building a Smart India through entrepreneurship.

The Power of Youth Entrepreneurship

The youth entrepreneurship has the ability to revolutionize India's economy, creating jobs, driving innovation in every field and fostering the sustainable growth. Young entrepreneurs bring new and creative perspectives and energy to the table, leveraging technology to develop innovative solutions to real-world problems. By encouraging entrepreneurship, India

TATA BUILDING INDIA
School Essay Competition
2024-25

Name of the Student: EMBER PAPREJA
School Name: TITIKSHA PUBLIC SCHOOL
Standard: VIII Section: F City Name: DELHI

Topic: Role of youth in building a Smart India: How can young people contribute to making India smarter, through innovation, entrepreneurship, community service, or participation in governance?

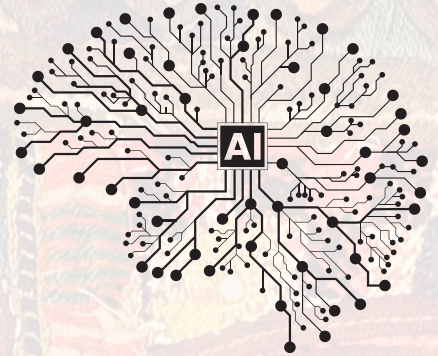
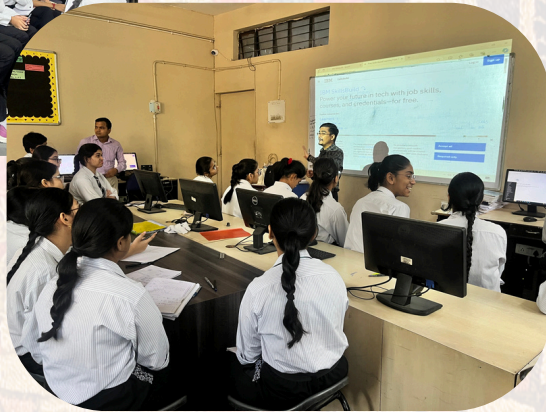
India has the largest population, with 50% of the population being youth. Young people are the pillar of nation, Nelson Mandela once said, "The youth of today are the leaders of tomorrow," emphasizing the vital role of young people in shaping the future. India's youths are an incredibly vibrant, active and aspirational segment of the nation. Youths play a significant role in shaping the nation's future for technological advancement, economic growth and social development. Youngsters have played a crucial role in making India smarter through innovation, entrepreneurship, community service and participation in government.

Let's analyse them in detail

Young people play a vital role in driving innovation by developing skills like problem-solving, design and critical thinking. Today, numerous platforms have emerged for youth to showcase their talents and excel in various fields. Many young innovators are creating groundbreaking technologies that are transforming industries such as healthcare, education, agriculture and renewable energy.

"DEFENDING YOUR DIGITAL IDENTITY."

On the 14th of October, Learning Links Foundation, in collaboration with IBM, conducted a Skills Building Workshop at Titiksha Public School. This workshop is part of IBM's SkillsBuild Initiative aimed at equipping students with essential 21st-century skills, including Artificial Intelligence (AI), cybersecurity, and digital literacy.



DIWALI CELEBRATION

The budding students of Titiksha Public School had a great time when they very enthusiastically took part in Potluck Diwali Celebration inside their classroom on 28th October, 2024. They imbibed the values of cleanliness, having food together and also the true spirit of Diwali to spread love, joy and happiness among all.



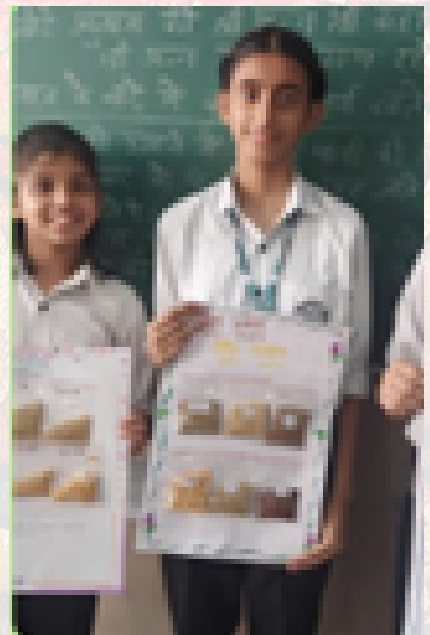
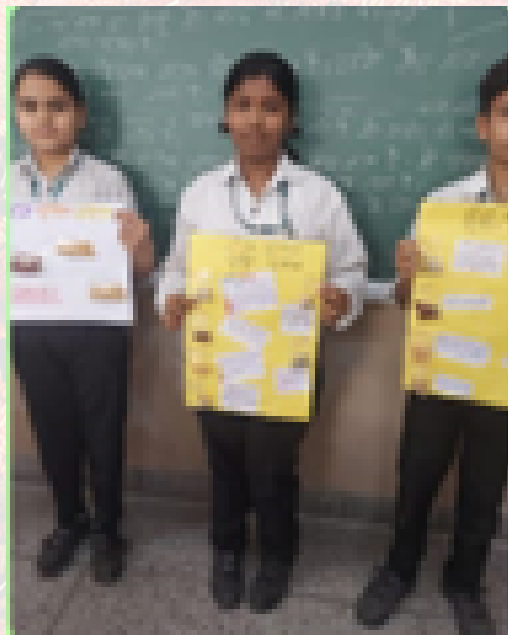
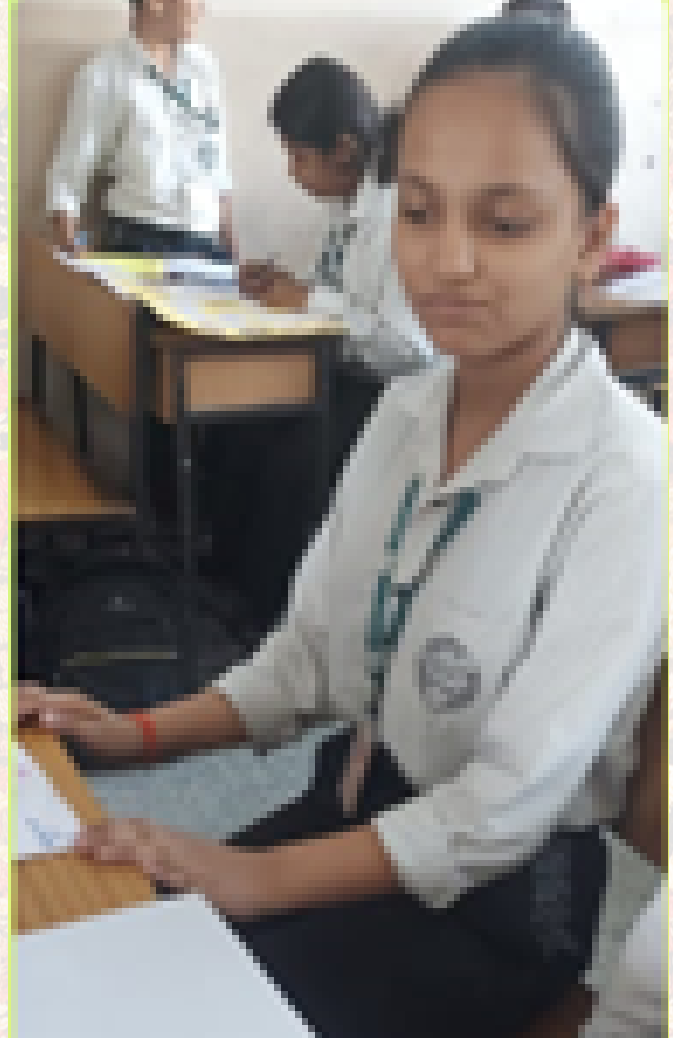
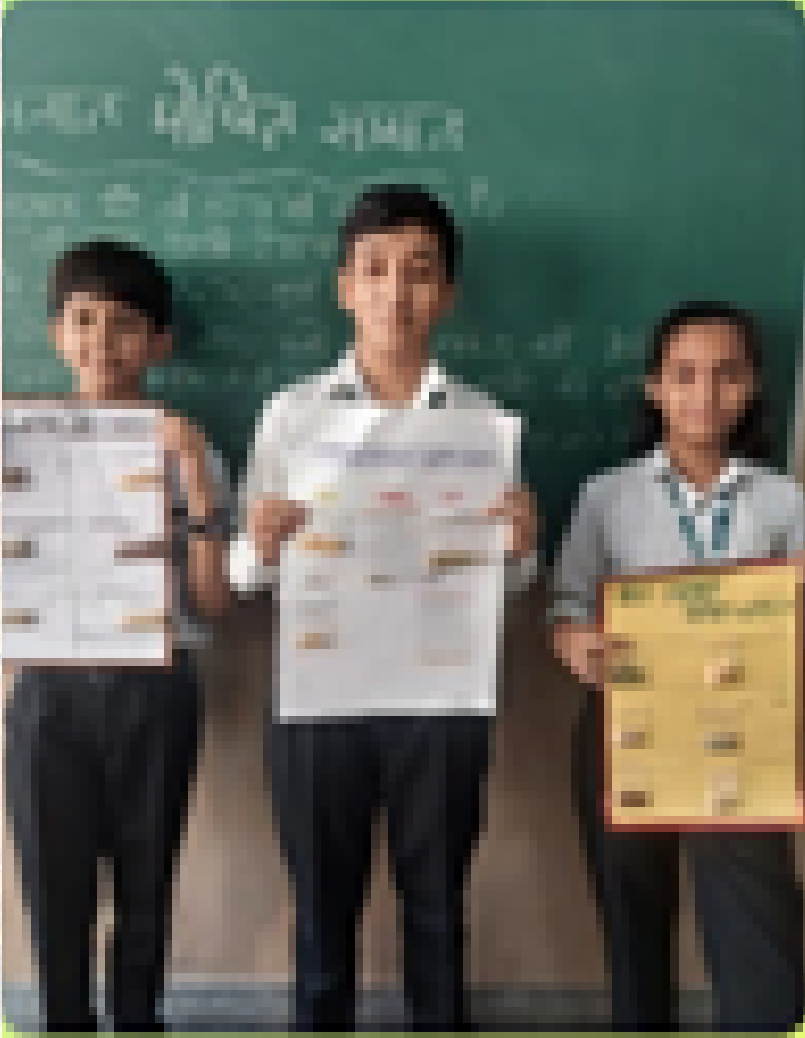
CAPTIVATING TRAVEL BROCHURES

Multidisciplinary and integrated learning is the key to broadening the dimensions of awareness and expression among learners. Celebrating diversity with Delhi -Andaman Nicobar Island pairing



'मोटा अनाज पोषित समाज'

मोटा अनाज एक प्रमुख अनाज है जो प्राचीन काल से भारत में उगाया जा रहा है। इनमें बाजरा, ज्वार, रागी, कोदो, कुटकी और सावां प्रमुख हैं। ये अनाज जलवायु के अनुकूल, पोषण से भरपूर और खेती के लिए आसान होते हैं। आधुनिक युग में, इन अनाजों का महत्व इसलिए भी बढ़ गया है क्योंकि यह स्वास्थ्य के लिए अत्यंत लाभकारी हैं और इनकी खेती पर्यावरण के अनुकूल होती है। मोटा अनाज से परिचित कराने हेतु कक्षा सातवीं के विद्यार्थियों के लिए 'मोटा अनाज पोषित समाज' पर आधारित गतिविधि का आयोजन 09.10.2024 किया गया जिसमें सभी विद्यार्थियों ने उत्साहपूर्वक भाग लिया।



BACK TO CULTURAL ROOTS: RAMAYAN ENACTMENT
“THE GREATNESS OF A CULTURE CAN BE FOUND IN ITS FESTIVALS”



BACK TO CULTURAL ROOTS: DANDIYA UTSAV

“THE GREATNESS OF A CULTURE CAN BE FOUND IN ITS FESTIVALS”



A Fun-filled Day at Bal Bhavan

On 5th October, grade 2 and 3 enjoyed an exciting visit to Bal Bhavan. They explored a museum filled with historical wonders, learned road safety at the traffic park, and visited a small sanctuary to see animals in their natural habitats. The day blended learning and fun, leaving the children curious, inspired, and happy with their new experiences.



SWACHH BHARAT SHRESHTH BHARAT: CLEANLINESS DRIVE



AIR FORCE DAY CELEBRATION



GANDHI JAYANTI SPECIAL ASSEMBLY



CARTOON NETWORK COMES TO LIFE: "LEARNING, LAUGHTER, AND LOTS OF FUN!"

On 10th October, the children of grade 2 and 3 had an exciting day when representatives from Cartoon Network visited the school. They conducted engaging activities, teaching the importance of handwashing in a fun, interactive way. The children also enjoyed playing games featuring their favourite Cartoon Network and Pogo characters. The event ended with thrilled faces as the kids received exciting prizes, making it a memorable day filled with learning and joy.





TITIKSHA PUBLIC SCHOOL

Sector XI, Rohini, Delhi 110085.

Contact Number : 011-42953242, 011-49148714

Visit us : www.titikshapublicschool.com

